

Ordered Items: **Lipid Panel; Hgb A1c with eAG Estimation; Vitamin D, 25-Hydroxy; Lipoprotein (a); C-Reactive Protein, Cardiac; Homocyst(e)ine; Magnesium, RBC**

Date Collected:	Date Received:	Date Reported:	Fasting:
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Lipid Panel

Test	Current Result and Flag	Previous Result and Date	Units	Reference Interval
Cholesterol, Total ⁰¹	112		mg/dL	100-199
Triglycerides ⁰¹	125		mg/dL	0-149
HDL Cholesterol ⁰¹	57		mg/dL	>39
VLDL Cholesterol Cal	30		mg/dL	5-40
LDL Chol Calc (NIH)	26		mg/dL	0-99

Comment:

Possible Familial Hypercholesterolemia. FH should be suspected when fasting LDL cholesterol is above 189 mg/dL or non-HDL cholesterol is above 219 mg/dL. A family history of high cholesterol and heart disease in 1st degree relatives should be collected. J Clin Lipidol 2011;5:133-140

Hgb A1c with eAG Estimation

Test	Current Result and Flag	Previous Result and Date	Units	Reference Interval
Hemoglobin A1c ⁰¹	3.2		%	4.8-5.6
Please Note: ⁰¹	Prediabetes: 5.7 - 6.4 Diabetes: >6.4 Glycemic control for adults with diabetes: <7.0			
Estim. Avg Glu (eAG)	117		mg/dL	

Vitamin D, 25-Hydroxy

Test	Current Result and Flag	Previous Result and Date	Units	Reference Interval
Vitamin D, 25-Hydroxy ⁰¹	75.0		ng/mL	30.0-100.0
Vitamin D deficiency has been defined by the Institute of Medicine and an Endocrine Society practice guideline as a level of serum 25-OH vitamin D less than 20 ng/mL (1,2). The Endocrine Society went on to further define vitamin D insufficiency as a level between 21 and 29 ng/mL (2). 1. IOM (Institute of Medicine). 2010. Dietary reference intakes for calcium and D. Washington DC: The National Academies Press. 2. Holick MF, Binkley NC, Bischoff-Ferrari HA, et al. Evaluation, treatment, and prevention of vitamin D deficiency: an Endocrine Society clinical practice guideline. JCEM. 2011 Jul; 96(7):1911-30.				

Lipoprotein (a)

Test	Current Result and Flag	Previous Result and Date	Units	Reference Interval
Lipoprotein (a) ⁰¹	20.4		nmol/L	<75.0
Note: Values greater than or equal to 75.0 nmol/L may indicate an independent risk factor for CHD, but must be evaluated with caution when applied to non-Caucasian populations due to the influence of genetic factors on Lp(a) across ethnicities.				

C-Reactive Protein, Cardiac

Test	Current Result and Flag	Previous Result and Date	Units	Reference Interval
C-Reactive Protein, Cardiac ⁰¹	0.59		mg/L	0.00-3.00
Relative Risk for Future Cardiovascular Event				
Low			<1.00	
Average			1.00 - 3.00	
High			>3.00	

Homocyst(e)ine

Test	Current Result and Flag	Previous Result and Date	Units	Reference Interval
Homocyst(e)ine ⁰¹	9.4		umol/L	0.0-14.5

Magnesium, RBC

Test	Current Result and Flag	Previous Result and Date	Units	Reference Interval
Magnesium, RBC ^{A, 01}	5.8		mg/dL	4.2-6.8